



The Old Guardian

Month 1 of our 60th year

March 2025

“Good morning Old Guard”

Gentlemen,

Here's what's in the Newsletter:

- The President's Corner
- Committee Chair Reports
- February Storyteller
- February Speaker
- Crossword (New)
- Officers and Chairs

The President's Corner – John Keleher

Wow! March =s Daylight Savings time begins, St. Patrick's Day, First Day of Spring equals a great month.

Time to make reservations for our end of year luncheon and golf tourney and Yard Goats game in May. time to invite a friend to a meeting and recruit a new member.

time to entertain nominations for a new slate of officers for this great group of guys.

John

Committee Reports:

Membership – Mike Cabrey

Greetings Old Guard

If you are like me, I am totally ready for the arrival of spring this month. And, there is no better time to find and recruit new members to join our august organization. What better enticement is there than giving them the opportunity to attend our upcoming meetings with esteemed guest speakers and attending the renowned Yard Goats Baseball game? Kind of like the Yankees Red Sox series, and the opportunity to attend the end of year luncheon, plus they will have a reduced dues rate.

Please take the time to survey your acquaintances and your fellow grocery shoppers, neighbors, and pretty much anyone with gray hair or no hair on the street and find out if they might be Old Guard material and get them to a meeting.

To date, for this meeting year, we have 16 new members and we still have several months left. I truly believe that we all have connections and friends who would not only love being a part of our organization, but would add depth to the comradery that we all enjoy. I am asking you all to reach out and help us maintain this wonderful organization that we all look forward to engaging with every week.

We all benefit from your efforts. I truly thank all of you who have brought new members into our fold.

Respectfully,
Mike

Special Events – Paul Dean, Ray Bliss

Play ball!

Hartford Yard Goats baseball, Sunday, May 4th, at

1:10 pm vs. Chesapeake Baysox, Baltimore Orioles affiliate

Our local team is the double-a affiliate of the Colorado Rockies.

Tickets are \$19.00 per person.

We have reserved a block of 20 tickets in section 107 near home plate along the first base line.

Please advise Ray or Bill as soon as possible of your ticket order, and in any event,

No later than Tuesday, April 1st! Let us know if you are attending with a guest(s).

We will distribute tickets to you (by hard copy or electronically) in advance of gameday.

Plan on buying lunch or a snack at one of the park's vendors as well as slaking your thirst with an enjoyable beverage from a refreshment stand.

Parking at \$5.00 per vehicle is available at nearby LAZ parking lots. Go to the Hartford Yard Goats website to reserve a parking space at a LAZ lot of your choice, or pay the attendant directly upon entering the lot of your choice.

Website is www.milb.com/hartford/ballpark/parking-transit.

OG & Friends Golf – Chuck Hasbrouck All Things Golf

1 Are you a golfer who is new to Old Guard and enjoys being with OG members? Or,

2 Are you a golfer who's been a member of Old Guard for a while and enjoys the OG companionship?

If you fit either of these scenarios, then know that you can play golf each week and enjoy the company of other Old Guard members and their friends. How, you ask?

Whether you are a good golfer, or you play adventure golf in the rough and woods more than the fairway, there is a place for you in the Old Guard & Friends Golf League.

Old Guard & Friends Golf League starts on Monday, April 14 (informal) and Thursday April 17 (league play), through mid-October.



Interested? Contact Chuck Hasbrouck
I'm waiting to hear from you!
(email: oldguardgolf@gmail.com).

CT Foodshare & The West Hartford Youth Food Program- Jeff Lee

March brings us the Ides of March, Mardi Gras, March Madness, St. Patty's Day & The Start of Daylight Savings Time.

It also brings us two opportunities to continue to battle food insecurity. Our March First Friday volunteering at Foodshare is on March 7th. On March 18th we'll have our monthly donation of key foods to support the West Hartford Youth Food Program.

As always, your generosity is greatly appreciated.

Sign up for future CT Foodshare volunteer dates

[Quick Link to CT Foodshare
Sign-up or Sign-in](#)

Habitat ReStore – Ron Robinson

Habitat - Next ReStore Activity 9am-12pm on Wednesday March 12 in Bloomfield

We prepare and display donated items - furniture, construction materials, etc. In February we assembled models of 4 different cabinet styles but we can't predict what we might be doing next.

The teamwork and camaraderie enhance the process.

Please consider joining us and bringing friends (Old Guard membership not required).

Ron Robinson

Use the registration link below to sign up for this and future dates.

[Quick Link to Habitat ReStore
Sign-up or Sign-in](#)

University of Connecticut Hospital Volunteers – Bill OConnor

The Old Guard continues its commitment to assist those in need. To that end the Old Guard covers volunteer work at the Muscular Skeleton Institute on the UCONN Farmington Campus. Richard Hughes, Bob Cave and Bill OConnor are helping patients get to their appointments on time. Patients, who have difficulty walking are provided wheelchairs so they can reach their appointments in comfort and safety.

Volunteers serve a 4-hour shift 8 to noon or noon to 4 on Monday, Wednesdays, Thursdays, or Fridays. Some training is required per HIPPA rules. Consider this rewarding activity for your volunteer service.

Contact Bill OConnor for details:

Historian – Tew DuBois

As Historian I maintain a list of Old Guard members who pass away between 5/1/24-4/30/25.

Should you learn of a member of the Old Guard who passed away—perhaps in the Courant, by word of mouth, or however, let me know.

Thanks,

Tew

Meals on Wheels – Dale Richter

Delivering meals since 1966.

Over 30 members volunteer for this important program.

Contact Dale Richter if you would like to join a team -

Calendar

<https://ctoldguard.org/meals-on-wheels/>

Foodbank – Lou Aiello, Mike Feehan

March will be asking for your update of donations to the West Hartford Foodbank, CT Foodshare, Loaves & Fishes, House of Bread., and West Hartford Foodbank.

Total donations to our charities since September is \$24,565 includes:

- CTFoodshare \$13,565
- Loaves & Fishes \$1,000.
- West Hartford Foodbank \$1,150.
- House of Bread \$1,000.
- West Hartford Youth program value of bagged groceries \$7,650.
(includes February donations of \$1,450)

Addition for CTFoodshare: 1x Matching Gifts \$250, 2x Matching Gifts \$5,000, 3x Matching Gifts \$420

Total including CT. Foodshare 5x food value is \$106,975.

All donations are tax deductible.

Click on this link to learn more about FoodBank with links and addresses to make donations <https://ctoldguard.org/food-bank/>

Contact Lou or Mike to record your charitable donations for the Old Guard FoodBank.

BOWLING - Tom Goodrum

Come and join us for Fellowship and Fun. Bowling continues every Thursday morning at 9:30 am at Callahan's Bowl-O-Rama, 2143 Berlin Turnpike in Newington. No experience is necessary. The cost is \$8.25 per person for the three games, including shoes and balls that are provided.

Reminder, if West Hartford schools are delayed or cancelled, we will not be bowling. Time to get out of the house and be with fellow Old Guard members. Hope to see you there.

FYI, the last Bowling for the year will be Thursday, April 10.

March Storytellers

March 4 - Don Kauke: Dessert Don

March 11 - Michael Cervas: A Short History of Storytelling or How We Got from the Stone Age to the Old Guard

March 18 - Richard Voight: Friendship Can Make a Difference

March 25 - Del Shilkret: Reservations

March Speakers

March 4th – Dr. Ellen Eisenberg D.M.D., FICD



Dr. Ellen Eisenberg, Oral and Maxillofacial Diagnostic Sciences, UConn School of Dental Medicine.

Professor Emerita, Section of Oral and Maxillofacial Pathology, Division of Oral and Maxillofacial Diagnostic Sciences, UConn School of Dental Medicine

Associate Professor Emerita, Division of Anatomic Pathology, Department of Pathology and Laboratory Medicine, UConn School of Medicine
Consultant, Oral Pathology Biopsy Service

March 11th – Jessica Simms, Family Promise of Central CT.



Family Promise of Central Connecticut

In the Spring of 2013, Kara Russell was enjoying lunch in the Boston area with Susan Zwart, a college friend she hadn't seen in years. They exchanged updates about their growing families and their challenging jobs, and then Susan shared that she had recently begun volunteering with Family Promise, an organization that uses places of worship to host homeless children and their families.

Kara listened intently, impressed by Susan's obvious passion for the program, and deeply moved by the idea that volunteers from various faiths could come together to serve the most vulnerable among us. She wanted to help, too.

When Kara returned to Connecticut, she did a quick online search to locate an affiliate in her area. She was surprised to learn that while there were nearly 200 Family Promise affiliates across the country, there were none in her home state.

A couple of months passed, and Kara still couldn't shake the idea of Family Promise. She kept thinking of the tremendous work Susan and her fellow Family Promise volunteers were doing in North Shore Boston, and of the hundreds of homeless children that needed assistance in Connecticut. Finally, she picked up the phone, called the National Family Promise toll free number, and asked what it would take to get an affiliate started.

Kara learned the first step was to host a community wide meeting at her own place of worship. After consulting with her pastor, the first Family Promise of Central Connecticut meeting was held at St. Mary Parish in Newington. The support from the community was overwhelmingly

positive, and Family Promise of Central Connecticut laid down roots that evening.

Within three years, Family Promise of Central Connecticut grew to include a core group of passionate volunteers representing 17 places of worship. We officially opened our doors on March 5th, 2017 and our ribbon cutting ceremony for the Day Center took place on June 4, 2017. We are all looking forward to the work of fulfilling our mission to end child and family homelessness...one family at a time.

March 18th - Dick Shriver: Founder, Publisher of Estuary Magazine



Dick was born in Baltimore, MD and graduated from Cornell University in mechanical engineering. He served in the US Air Force, and worked for Esso Research & Engineering before starting his own technology consulting firm. He later served in both the US Depts of Defense and Treasury, and held executive positions at Chase Manhattan Bank and McGraw-Hill.

In 1990, he taught at the International Management Institute in Kiev, Ukraine, and spent the next twelve years working in and out of Eastern Europe, ending up as executive vice president of the International Executive Service Corps. Dick is provost emeritus of the European College of Liberal Arts (now Bard College Berlin). Today, he is founder and publisher of Estuary Magazine, a quarterly print and online magazine all about the Connecticut River Watershed.

March 25th - Arthur House, “New Cold Wars, New Vulnerabilities”



Arthur House is an adjunct professor in the Political Science Department of the University of Connecticut.

His background includes senior executive responsibilities in business, the U.S. Government and state government. Most recently, House served as Chief Cybersecurity Risk Officer for the State of Connecticut from October 2016 to October 2019 after four years as Chairman of Connecticut's Public Utilities Regulatory Authority. House was Director of Communications and Congressional Relations for the Director of National Intelligence and Chief of the Communications Group for the National Geospatial-Intelligence Agency, a combat support agency of the U.S. Department of Defense. He holds a top-secret security clearance. As a White House Fellow he served as Special Projects Officer on the staff of the National Security Council.

He worked in Asia and Africa as an economist and loan officer for the World Bank, served on the Bank's Policy, Planning and Program Review staff and qualified to represent the Bank as fluent in French. In the private sector, House was Senior Vice President of Public Affairs at Webster Bank and held senior executive positions at Cigna, Aetna, and Tenneco. He was a member of Tenneco's European Advisory Council. He is currently Lead Director of American Superconductor Corporation.

His career has also included three positions in the [United States Senate](#): Chief of Staff to former Connecticut Senator Abraham Ribicoff, Chief of Staff to former Senate Majority Leader Robert Byrd, and Legislative Assistant to Senator Chris Dodd. While working in the Senate his projects included the Camp David peace negotiations, the

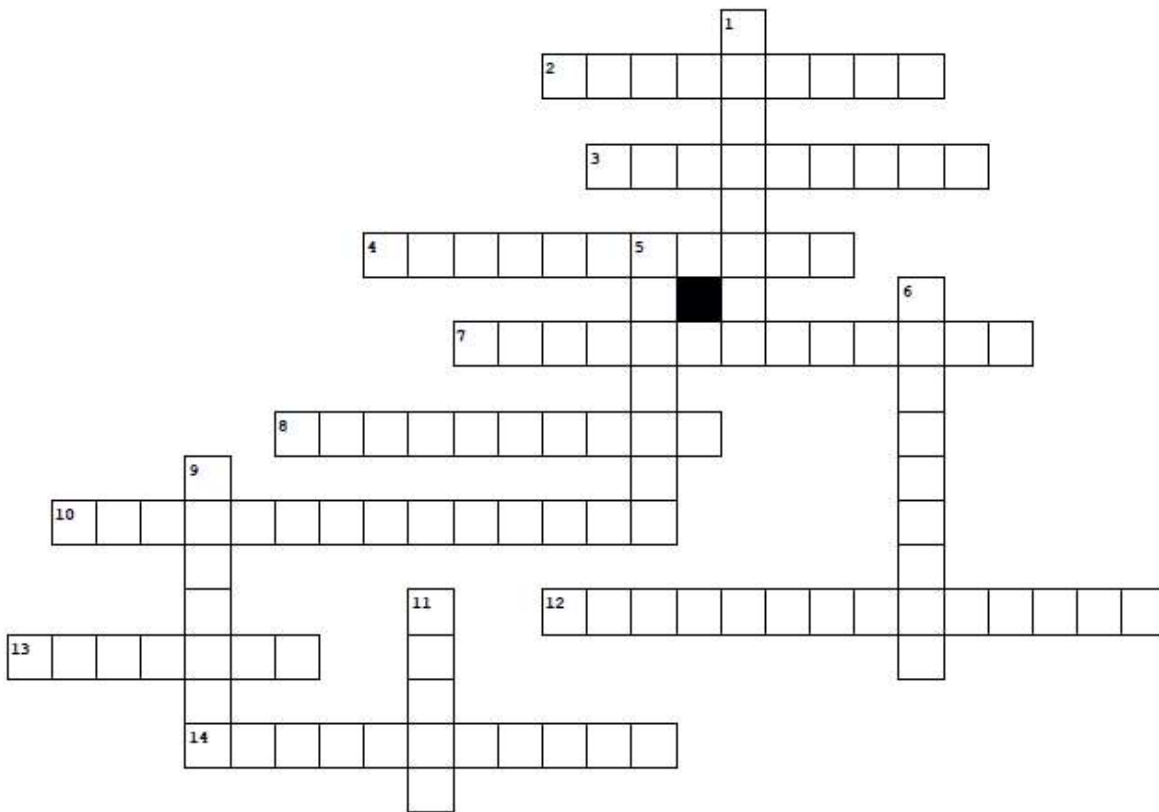
Strategic Arms Limitation Talks (SALT II), Panama Canal Treaty ratification and the Tokyo Round trade negotiations. He was a Congressional Adviser to the United States Mission to the United Nations.

House is a graduate of Tufts College and has a Ph.D degree from the Fletcher School of Law and Diplomacy at Tufts University. He has published a book on the United Nations Civilian Operations in the Congo and several articles on international relations subjects. He was Assistant Dean and on the faculty of the Fletcher School and taught graduate courses at the University of Connecticut, Georgetown University and the National University of the Congo.

House has extensive live and print media experience, including work as a public member of the Hartford Courant editorial board.

House is married to Rita Jepsen. They live in Simsbury, Connecticut.

**I tried something new this month, Old Guard Crossword
The PDF is attached to this email. See if you can get them all**



Across

- 2. Where we have Thursday morning tee times
- 3. Name of our singing group
- 4. First Friday volunteering
- 7. Location of our memorial tree
- 8. One of the 3 goals of the Old Guard
- 10. Second Wednesday volunteering
- 12. Lunch spot
- 13. Our winter season sport activity
- 14. One aspect of or weekly meeting

Down

- 1. West Hartford organization formed in 1966
- 5. Another goal of the Old Guard
- 6. Our local baseball team
- 9. Named sponsor of our annual golf tournament
- 11. Number of years we have been meeting

Your officers for 2024-2025

- John Keleher, President**
- Clem Sayers, Vice-President**
- Arthur Greene, Secretary**
- Stephen Schneeberger, Asst. Secretary**
- Jim Palma, Corresponding Secretary**
- Stephen Guest, Treasurer**

**William O'Connor, Asst. Treasurer
Tew DuBois, Historian
John Mitman, Chaplain
Ed Turbert – Past President**

Committee Chairs 2024-2025

**Mike Cabrey, Membership
Don Kauke, Communications
Russ Jones – Nominating Committee
Bernie Weiss and Jim Doran, Storytellers
Gary Banks, Information & Technology
Bernie Weiss, Senior Job Bank
Paul Dean & Ray Bliss, Special Events
David Mangs, Music
Parker Simonds, Hospitality
Jeff Lee, CT Foodshare, West Hartford Youth Food program
Lou Aiello and Mike Feehan, Foodbank
Ron Robinson, Habitat for Humanity
Dale Richter, Meals on Wheels
Larry Carr, Salvation Army
Bill O'Connor, UCONN Health Center
Chuck Hasbrouck - Golf
Tom Goodrum, Bowling
Dan Tracy, Audit**

Art Greene, Secretary

Old Guard, Inc.